





HANOVER PARK REGIONAL HIGH SCHOOLS – April 2024



Daily Dish

Veggie Dish

AVAILABLE DAILY

Monday 1	Spring Break No School	Spring Break No School	 Made-to-Order Thumann's Deli Bar Assorted Grab & Go Sandwiches Daily Panini Specials  Johnny's Pizza  Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns & a changing variety of specials Assorted Grab & Go Salads  <i>Local Gold Rush Apples Available</i>
Tuesday 2	Spring Break No School	Spring Break No School	
Wednesday 3	Spring Break No School	Spring Break No School	
Thursday 4	Spring Break No School	Spring Break No School	
Friday 5	Spring Break No School	Spring Break No School	

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

FOOD ALLERGIES Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.




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Monday 8	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Penne Pasta with Marinara Sauce & Shredded Mozzarella Cheese	     
Tuesday 9	Nachos Grande with Seasoned Taco Meat, Rice & Scoops Chips	Nachos Grande with Seasoned Black Beans, Rice & Scoops Chips	
Wednesday 10	Wild Wings – Assorted Chicken Wings & Sauces with a Roll Served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	
Thursday 11	All-Beef Hot Dog on a Bun with French Fries	Broccoli Penne with Garlic Sauce, Plant-Based Nuggets & a Dinner Roll	
Friday 12	Teriyaki Chicken with Veggie Rice & an Egg Roll	Veggie Lo Mein & an Egg Roll	

Made-to-Order Thumann's Deli Bar
Assorted Grab & Go Sandwiches
Daily Panini Specials



Johnny's Pizza

**PIZZA
ZONE**

Chicken Tenders with Fries
Hamburgers & Cheeseburgers on Buns
& a changing variety of specials

**AMERICAN
GRILLE**

Assorted Grab & Go Salads

**FRESH
FARMSTAND**

Local Gold Rush Apples Available

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ALLERGENS**

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Monday 15	Ricotta & Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce & a Dinner Roll	Penne Pasta with Tomato Basil Sauce, Mozzarella Cheese & a Dinner Roll	<p><i>Deli Central</i></p> <p>Made-to-Order Thumann's Deli Bar Assorted Grab & Go Sandwiches Daily Panini Specials</p>  <p>Johnny's Pizza</p>  <p>Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns & a changing variety of specials</p> <p>Assorted Grab & Go Salads</p> <p><i>Local Gold Rush Apples Available</i></p> 
Tuesday 16	Taco Tuesday – Seasoned Ground Beef with Cheese, Lettuce, Tomato & Salsa served with Mexican Rice	Taco Tuesday – Seasoned Black Beans with Cheese, Lettuce, Tomato & Salsa served with Mexican Rice	
Wednesday 17	Wild Wings- Assorted Chicken Wings & Sauces with a Roll Served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	
Thursday 18	Mediterranean Steak Wrap – Gyro with Beef, Onions, Tomato & Tzatziki Sauce in a Wrap	Falafel Gyro – Falafel, Onions, Tomato & Tzatziki Sauce in a Wrap	
Friday 19	Chicken Bowl – Mashed Potatoes topped with Corn, Crispy Chicken, Gravy & Cheese with a Roll	Plant-Based Bowl – Mashed Potatoes topped with Corn, Plant-Based Tenders, Gravy & Cheese with a Roll	

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Monday 22	Meatball Parmesan Hero <i>Tabbouleh Bento Box</i> <i>Sorghum Tabbouleh Samples</i>	Baked Macaroni & Cheese with a Dinner Roll <i>Happy Earth Day</i>	  Johnny's Pizza  Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns <i>& a changing variety of specials</i> Assorted Grab & Go Salads <i>Local Gold Rush Apples Available</i>  
Tuesday 23	"Jersey Shore" Cheesesteak Hero with Onions & Peppers	<i>Local Spinach, Mozzarella & Tomato Panini</i>	
Wednesday 24	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	
Thursday 25	Chicken & Broccoli Penne with Garlic Sauce & a Dinner Roll	Broccoli Penne with Garlic Sauce, Plant-Based Nuggets & a Dinner Roll	
Friday 26	Chicken Quesadilla served with Salsa	Cheese Quesadilla served with Salsa	

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<p>Monday 29</p>	<p>Barbecue Beef Ribs on a Bun with Coleslaw</p>	<p>Lasagna Roll-Up with a Side Salad</p>	<p><i>Deli Central</i></p> <p>Made-to-Order Thumann's Deli Bar Assorted Grab & Go Sandwiches Daily Panini Specials</p>  <p>Johnny's Pizza</p>  <p>Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns & a changing variety of specials</p> <p>Assorted Grab & Go Salads</p> 
<p>Tuesday 30</p>	<p><i>Chicken, Salsa Verde & Cheese Tamale</i></p>	<p>Nachos Grande with Seasoned Black Beans, Rice & Scoops Chips</p>	
<p>Wednesday 1</p>	<p>Wild Wings – Assorted Chicken Wings & Sauces with a Roll Served with Celery Sticks</p>	<p>Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks</p>	
<p>Thursday 2</p>	<p>Chicken Teriyaki & Veggie Fried Rice</p>	<p>Plant-Based Teriyaki "Chicken" & Veggie Fried Rice</p>	

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Local Gold Rush Apples Available

Friday 3	Baked Buffalo Chicken Macaroni & Cheese with a Dinner Roll	Baked Macaroni & Cheese with a Dinner Roll	
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